**Note:** When searching for researched based gardening information, you want to use information from universities and/or extension documents, as opposed to advice from Pinterest or other advice that is not evidence based. For the sites listed below, I googled: Improving Garden Soil resources.edu

**UNIVERSITY OF MARYLAND EXTENSION**

<https://extension.umd.edu/resource/organic-matter-and-soil-amendments>

**UNIVERSITY OF MASSACHUSETTS EXTENSION**

<https://ag.umass.edu/soil-plant-nutrient-testing-laboratory/fact-sheets/corrective-measures-management-of-over-fertilized>

**UNIVERSITY OF MINNESOTA**

<https://extension.umn.edu/managing-soil-and-nutrients/living-soil-healthy-garden>

Quick Guide to Fertilizing Plants

<https://extension.umn.edu/managing-soil-and-nutrients/fertilizing-and-watering-container-plants>

<https://extension.umn.edu/managing-soil-and-nutrients/living-soil-healthy-garden>

<https://extension.umn.edu/how-manage-soil-and-nutrients-home-gardens/cover-crops-and-green-manures#:~:text=Cover%20crops%20are%20%E2%80%9Cgreen%20manures,and%20winter%20rye%3B%20and%20buckwheat>.

**MICHIGAN STATE UNIVERSITY**

<https://www.canr.msu.edu/news/wood_ash_in_the_garden#:~:text=Wood%20ash%20from%20your%20fireplace,14%2C%20with%207.0%20being%20neutral>.

**OREGON STATE UNIVERSITY**

<https://extension.oregonstate.edu/gardening/soil-compost/five-ways-home-gardeners-can-improve-soil>

**PENN STATE EXTENSION**

<https://extension.psu.edu/practical-tips-for-healthy-soil-in-a-home-garden>

**TEXAS A&M AGRILIFE EXTENSION**

<https://aggie-horticulture.tamu.edu/wp-content/uploads/sites/10/2013/09/EHT-076.pdf>

**UTAH STATE UNIVERSITY**

<https://extension.usu.edu/yardandgarden/research/preparing-and-improving-garden-soil>